

Office of the Superintendent
Dr. Gianleo Duca, Superintendent

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**Important Information about updated BSCSD Wellness Policy:
Please review**

September 2023

Hello, BSCSD Elementary families and welcome to the 2023-2024 school year. As our year begins, we would like to update you on our district's Wellness Policy. While in past years, students and families were prohibited from bringing in any outside food items to share for classroom parties and celebrations, the district has updated the policy beginning this school year.

Our updated BSCSD Wellness Policy states that for classroom parties/celebrations, non-food items are encouraged and preferred. If food is going to be served at classroom parties and celebrations, **items must come from the approved food list developed by the District Health and Wellness Committee. Additionally, food items must be store bought and prepackaged and include an FDA approved label with all ingredients listed.**

We have shared the **approved food list on the reverse side of this letter.** Please be sure to review this information carefully as *we will need to send home any items brought in that do not adhere to our district's policy.* Please contact your child's teacher if you have any questions. Thank you for your continued partnership and we wish everyone a great year!

Sincerely,
BSCSD Elementary Principals

Reference: Board of Education Policy [7590](#), www.bscsd.org



2023 - 2024
District Approved
Food Items for the Classroom

Food Options:	
Fruit Tray	Veggie Tray with Dip
Cool Whip	Fruit Snacks
Rice Krispie Treats	Pretzels
Goldfish	Pudding Cups
Freeze Pops	Fudge Pops
Individually Prepackaged Chips	Low Fat Yogurt Squeezers
Popcorn	Whole Grain Crackers
Cheese Sticks	Rice Cakes
Hummus	Dried Fruit (no added sugar)
Fruit Cups in 100% Juice	Mini Bagels and Cream Cheese
Graham Crackers	Nut Butter Substitute
Granola Bars	Cereal Bars
Applesauce	
Drink Options:	
Juice Boxes (100% Juice)	Seltzer
Milk	Cider